

Code of Ethics & Good Practice for Youth Sport in Gymnastics Ireland

Code of Conduct for Parents and Guardians

Parents/Guardians should encourage their children to participate in sport for fun and enjoyment. Parents should not attempt to meet their own needs for success and achievement through their children's participation in gymnastics.

Parents/Guardians should abide by the following guidelines:

- Be a role model for your child and maintain the highest standards of conduct when interacting with young people, other parents, Coaches and Officials.
- Encourage your child to participate by the rules of gymnastics.
- Don't ask "Did you Win or Lose?" Ask "Did you enjoy yourself?"
- Don't just show approval when your child is victorious. Always show approval for effort!
- Don't criticize their performance – seek to identify areas where they can improve.
- Respect Official's decisions and encourage young people to do likewise.
- Never use any flippant or sarcastic remarks towards any gymnast.
- Do not seek to unfairly affect any gymnasts' performance.
- Show appreciation for Volunteers, Coaches and Club Officials.
- Respect the rights dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
- Encourage your child to try to attend training and events on a regular basis and assist in Club activities.
- Ensure that your child attends on time and always collect your child promptly at the end of a session. If delayed for any reason, please text us on 0863713198.
- Do give advice on the importance of maintaining a balanced lifestyle with regard to exercise, food, rest, work, play etc.
- Do listen to what young people have to say.
- Try to appreciate the strength of a young person's emotions – positive and negative.
- Do realize the POWER OF EXAMPLE!
- Encourage your child to learn the rules and participate within them.
- Ensure that your child is appropriately dressed for the activity. (No Jeans/Tights/Dresses/Jewelry etc.)
- Please leave appropriate contact details if they differ from those originally provided.

- Please keep the club informed if your child is ill or unable to attend sessions and please use correct and proper language at all times.
- Please share any complaints, concerns or queries about any aspect of the club with the Club Administrator and not the individual coaches by email at renmoregymnastics@gmail.com
- All fees for existing recreational children must be paid before the end of the term in order to be guaranteed a space in subsequent terms. All squad fees must be paid according to the clubs
- Support your child's involvement and help them to enjoy their sport.
- Please ensure that your child has plenty of water to drink. Children will be allowed to get a drink only if kept inside the facility during class.
- Endeavour to establish good communications with the clubs.
- Recreational parents are permitted to view training sessions from the designated viewing area. In the interest of safety please do not distract the attention of your child during classes or call them out of the hall without prior arrangement with the staff.
- Squad parents are encouraged not to view training sessions beyond the first and or last 15 minutes of sessions.
- Please do not challenge or argue with officials and publicly accept their judgments.
- Help your child to recognise good performance, not just results and set a good example by recognising good sportsmanship and applauding the good performances of all.
- Never force your child to take part in sport and do not punish or belittle a child for poor performance or making mistakes.
- Please support your child's involvement and help them to enjoy their sport.
- All parents/guardians must abide by the Clubs Rules.

I confirm that I have read the Code of Conduct and agree to abide by its contents.

Signature

Club Role

Print Name

Date