

ADULT GYMNASTICS

GENERAL INFORMATION 2018-2019

| Class Name | Level | Tuesday | Wednesday |
|------------|--------------|--------------|--------------|
| ADULT GYM | Beginner | 8:30-10:00pm | |
| ADULT GYM | Mixed Levels | | 8:00-10:00pm |

| | |
|--|------------------|
| Frequency of training: | Once per week |
| Annual Club Membership (12 months from date of joining): | €30.00 |
| Gymnastics Ireland Membership (September-August): | €25.00 |
| Training Year Duration: | 40 weeks/5 Terms |
| Summer Term: | 8 weeks |

| FEE TABLE | Monthly Tuition | Per Term |
|------------------|-----------------|----------|
| 90-minute class | €42.00 | €84.00 |
| 120-minute class | €48.00 | €96.00 |

When creating a new account in our customer portal and you are both the Responsible Party and the Adult Gym participant, please add yourself as a student on the account.

- Enrolment in ADULT GYM class is requested directly via member's account in our iClassPro [Member Portal](#).
- Immediate family member discount of 1 Euro per week is given.
- To enrol in this programme, an advanced payment for each 8-week term is required.
- Adults whose family member is training in our recreational or competitive programme may request to be billed monthly.
- Once you have an active enrolment in our Adult Gym classes, we will provisionally enrol you in the next term.
- Club will text/E-mail a week in advance to inform you of the start of a new term and the due date for payment.
- Should you not wish to be enrolled in the next term, please notify us in advance of the new term.
- Please read our Club Rules and Billing, Payment & Cancellation policies available on our website.

To learn more about ADULT GYM, please visit our website on <https://renmoregymnastics.org/programmes/adult-gymnastics/>.

Information regarding booking this class can also be found on the link.



ADULT GYMNASTICS

TIMETABLE 2018-2019

| TERM 1: SEPTEMBER - OCTOBER 2018 (8 WEEKS) | | | | | | | | | |
|--|---------|---------|---------|---------|---------------------|---------|---------|---------|--------|
| Training Dates | WEEK 1 | WEEK 2 | WEEK 3 | WEEK 4 | WEEK 5 | WEEK 6 | WEEK 7 | WEEK 8 | Notes |
| Tuesday | 4-Sep | 11-Sep | 18-Sep | 25-Sep | 2-Oct | 9-Oct | 16-Oct | 23-Oct | - |
| Wednesday | 5-Sep | 12-Sep | 19-Sep | 26-Sep | 3-Oct | 10-Oct | 17-Oct | 24-Oct | - |
| TERM 2: NOVEMBER - DECEMBER 2018 (8 WEEKS) | | | | | | | | | |
| Training Dates | WEEK 9 | WEEK 10 | WEEK 11 | WEEK 12 | WEEK 13 | WEEK 14 | WEEK 15 | WEEK 16 | Notes |
| Tuesday | 30-Oct | 6-Nov | 13-Nov | 20-Nov | 27-Nov | 4-Dec | 11-Dec | 18-Dec | - |
| Wednesday | 31-Oct | 7-Nov | 14-Nov | 21-Nov | 28-Nov | 5-Dec | 12-Dec | 19-Dec | - |
| TERM 3: JANUARY - FEBRUARY 2019 (8 WEEKS) | | | | | | | | | |
| Training Dates | WEEK 17 | WEEK 18 | WEEK 19 | WEEK 20 | WEEK 21 | WEEK 22 | WEEK 23 | WEEK 24 | Notes |
| Tuesday | 8-Jan | 15-Jan | 22-Jan | 29-Jan | 5-Feb | 12-Feb | 19-Feb | 26-Feb | - |
| Wednesday | 9-Jan | 16-Jan | 23-Jan | 30-Jan | 6-Feb | 13-Feb | 20-Feb | 27-Feb | - |
| TERM 4: MARCH - APRIL 2019 (9 WEEKS) | | | | | | | | | |
| Training Dates | WEEK 25 | WEEK 26 | WEEK 27 | WEEK 28 | WEEK 29 | WEEK 30 | WEEK 31 | WEEK 32 | Notes |
| Tuesday | 5-Mar | 12-Mar | 19-Mar | 26-Mar | 2-Apr | 9-Apr | 16-Apr | 23-Apr | - |
| Wednesday | 6-Mar | 13-Mar | 20-Mar | 27-Mar | 3-Apr | 10-Apr | 17-Apr | 24-Apr | - |
| TERM 5: MAY - JUNE 2019 (8 WEEKS) | | | | | | | | | |
| Training Dates | WEEK 33 | WEEK 34 | WEEK 35 | WEEK 36 | WEEK 37 | WEEK 38 | WEEK 39 | WEEK 40 | Notes |
| Tuesday | 30-Apr | 7-May | 14-May | 21-May | 28-May | 4-Jun | 11-Jun | 18-Jun | - |
| Wednesday | 1-May | 8-May | 15-May | 22-May | 29-May | 5-Jun | 12-Jun | 19-Jun | - |
| SUMMER TERM: JULY - AUGUST 2019 (8 WEEKS) | | | | | | | | | |
| Training Dates | WEEK 42 | WEEK 43 | WEEK 44 | WEEK 45 | No Class (Races) | WEEK 47 | WEEK 48 | WEEK 49 | Notes |
| Wednesday | 3-Jul | 10-Jul | 17-Jul | 24-Jul | 31-Jul | 7-Aug | 14-Aug | 21-Aug | 28-Aug |