

# PROGRAMME TIMETABLE



Training Programme:

**INTERMEDIATE**

Training Period:

**SUMMER 2022**

Discipline	Duration	Training Frequency	Season Duration
<b>MAG</b>	6 hours	Twice per week	July & August

## Training Dates & Times

Week	Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>27 Jun – 03 Jul</b>			1730-2030		1800-2100		
<b>04 – 10 Jul</b>			1730-2030		1800-2100		
<b>11 – 17 Jul</b>			1730-2030		1800-2100		
<b>18 – 24 Jul</b>			1730-2030		1800-2100		
<b>25 – 31 Jul</b>	<b>No Trg</b>	<b>No Trg</b>	<b>No Trg</b>	<b>No Trg</b>	<b>No Trg</b>	<b>No Trg</b>	<b>No Trg</b>
<b>01 – 07 Aug</b>	Trip	Trip	Trip	Trip	Trip		
<b>08 – 14 Aug</b>			1730-2030		1800-2100		
<b>15 – 21 Aug</b>			1730-2030		1800-2100		
<b>22 – 28 Aug</b>			1730-2030		1800-2100		
<b>29 Aug – 04 Sep</b>			1730-2030		1800-2100		

### Details of MAG INT Trip TBC

Please note that there is **NO** training on Public Holidays unless specifically outlined

**Our full 2023 Season will commence on 05-Sep-2022**

## General Course Information

MAG: Men's Artistic Gymnastics – Training on Floor, Vault, Bars, Rings, Pommel	Progression along our Gymnast's Pathway is by internal assessment.
Once you have an active enrolment in our classes, you are auto-enrolled every season. If you wish to withdraw, please notify us in advance.	All tuition is paid monthly in advance using our autopay function. This is explained further in the Members Handbook.
Please read our Members Handbook prior to booking programmes.	Enrolments and Transfers may be requested through our Customer Portal.
Sibling & Multi-Class discounts are available to members. More info in our Members Handbook	

For more information on our programmes please contact [reception@renmoregymnastics.org](mailto:reception@renmoregymnastics.org)

**Move - Grow - Thrive!**

Document Title	Date Effective
Programme Timetable	01-Mar-2022