

PROGRAMME TIMETABLE



Training Programme:

PERFORMANCE

Training Period:

SUMMER 2022

Discipline	Duration	Training Frequency	Season Duration
RHY PS	10 hours	Three Days	April to August

Training Dates & Times

Week	Mon	Tue	Wed	Thu	Fri	Sat	Sun
27 Jun – 03 Jul	Spain*			0900-1300		1200-1500	
04 – 10 Jul	1500-1800			0900-1300		1200-1500	
11 – 17 Jul	1500-1800			0900-1300		1200-1500	
18 – 24 Jul	1500-1800			1500-1900		1200-1500	
25 – 31 Jul	Camp	Camp	Camp	Camp	Camp		
01 – 07 Aug	No Trg	No Trg	No Trg	No Trg	No Trg		
08 – 14 Aug	1500-1800			1500-1900		1200-1500	
15 – 21 Aug	1500-1800			1500-1900		1200-1500	
22 – 28 Aug	1500-1800			0900-1300		1200-1500	
29 Aug – 04 Sep	1500-1800			0900-1300		1200-1500	

***RHY Gymnasts not traveling to Spain will train in the Main Hall**

Please note that there is NO training on Public Holidays unless specifically outlined

Our full 2023 Season will commence on 05-Sep-2022

General Course Information	
RHY: Rhythmic gymnastics- Training on floor using balls, hoops, ribbons and clubs	Progression along our Gymnast's Pathway is by internal assessment.
Once you have an active enrolment in our classes, you are auto-enrolled every season. If you wish to withdraw, please notify us in advance.	All tuition is paid monthly in advance using our autopay function. This is explained further in the Members Handbook.
Please read our Members Handbook prior to booking programmes.	Enrolments and Transfers may be requested through our Customer Portal.
Sibling & Multi-Class discounts are available to members. More info in our Members Handbook	

For more information on our programmes please contact reception@renmoregymnastics.org

Move - Grow - Thrive!

Document Title	Date Effective
Programme Timetable	26-May-2022