

# PROGRAMME TIMETABLE



Training Programme:

**HIGH PERFORMANCE**

Training Period:

**SUMMER 2022**

Discipline	Duration	Training Frequency	Season Duration
<b>TUM</b>	12 hours	Four Days	April to August

## Training Dates & Times

Week	Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>27 Jun – 03 Jul</b>	1000-1300	1000-1300		1000-1300	1000-1300		
<b>04 – 10 Jul</b>	1000-1300	No Trg	No Trg	No Trg	No Trg	No Trg	No Trg
<b>11 – 17 Jul</b>	No Trg	No Trg	No Trg	No Trg	No Trg	No Trg	No Trg
<b>18 – 24 Jul</b>	No Trg	No Trg	No Trg	No Trg	No Trg	No Trg	No Trg
<b>25 – 31 Jul</b>	1000-1300	1000-1300	1000-1300		1000-1300		
<b>01 – 07 Aug</b>	Camp	Camp	Camp	Camp	Camp		
<b>08 – 14 Aug</b>	1000-1300	1000-1300		1000-1300	1000-1300		
<b>15 – 21 Aug</b>	1000-1300	1000-1300		1000-1300	1000-1300		
<b>22 – 28 Aug</b>	1000-1300	1000-1300		1000-1300	1000-1300		
<b>29 Aug – 04 Sep</b>	1000-1300	1000-1300		1000-1300	1000-1300		

*Please note that there is NO training on Public Holidays unless specifically outlined  
Our full 2023 Season will commence on 05-Sep-2022*

General Course Information	
TUM: Tumbling – Training using tracks	Enrolments and Transfers may be requested through our Customer Portal.
Progression along our Gymnast's Pathway is by internal assessment.	Please read our Members Handbook prior to booking programmes.
Once you have an active enrolment in our classes, you are auto-enrolled every season. If you wish to withdraw, please notify us in advance.	All tuition is paid monthly in advance using our autopay function. This is explained further in the Members Handbook.
Sibling & Multi-Class discounts are available to members. More info in our Members Handbook	

For more information on our programmes please contact [reception@renmoregymnastics.org](mailto:reception@renmoregymnastics.org)

**Move - Grow - Thrive!**

Document Title	Date Effective
Programme Timetable	26-May-2022