

PROGRAMME TIMETABLE



Training Programme:

PERFORMANCE

Training Period:

SUMMER 2022

Discipline	Duration	Training Frequency	Season Duration
WAG PS 4	12 hours	Three Days	April to August

Training Dates & Times

Week	Mon	Tue	Wed	Thu	Fri	Sat	Sun
27 Jun – 03 Jul	4.30pm		4.30pm			9.00am	
04 – 10 Jul	4.30pm		4.30pm			9.00am	
11 – 17 Jul	4.30pm		4.30pm			Salto	Salto
18 – 24 Jul	Salto		4.30pm			9.00am	
25 – 31 Jul	No Trg	No Trg	No Trg	No Trg	No Trg	No Trg	No Trg
01 – 07 Aug		Camp	Camp	Camp	Camp		
08 – 14 Aug	4.30pm		4.30pm			9.00am	
15 – 21 Aug	4.30pm		4.30pm			9.00am	
22 – 28 Aug	4.30pm		4.30pm			9.00am	
29 Aug – 04 Sep	4.30pm		4.30pm			9.00am	

*Please note that there is NO training on Public Holidays unless specifically outlined
Our full 2023 Season will commence on 05-Sep-2022*

General Course Information	
WAG: Women's Artistic Gymnastics – Training on Vault, Bars, Beam & Floor	Progression along our Gymnast's Pathway is by internal assessment.
Once you have an active enrolment in our classes, you are auto-enrolled every season. If you wish to withdraw, please notify us in advance.	All tuition is paid monthly in advance using our autopay function. This is explained further in the Members Handbook.
Please read our Members Handbook prior to booking programmes.	Enrolments and Transfers may be requested through our Customer Portal.
Sibling & Multi-Class discounts are available to members. More info in our Members Handbook	

For more information on our programmes please contact reception@renmoregymnastics.org

Move - Grow - Thrive!

Document Title	Date Effective
Programme Timetable	01-Mar-2022